# Strengthen the Construction of the Second Classroom and Improve the Comprehensive Quality of Students

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[Abstract] The second classroom is a reasonable extension and appropriate supplement of the first classroom, and it is an important part of the talent training model in universities. The second classroom teaching has its obvious advantages and unique advantages. It is very important to improve the comprehensive quality of college students, and it plays an important role in the process of talent training. However, many colleges and universities have not paid enough attention to the second classroom. Therefore, to strengthen the construction of the second classroom, we must continue to work in many aspects.

[Keywords] The second classroom; college students; comprehensive quality

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#### I. Introduction

Colleges and universities undertake the historical mission of comprehensively promoting quality education and cultivating high-quality talents. my country wants to be in the international society of the 21st century To occupy a certain position and have strong social competitiveness in China, it is necessary to cultivate a large number of outstanding talents with strong comprehensive qualities. At present, my country's higher education has developed to a new stage, which has realized the transition from elite education to mass education. The expansion of the college entrance examination has given more students the opportunity to receive higher education. At the same time, with the increasingly fierce competition, the society has higher and higher requirements for the abilities of college graduates, which requires contemporary college students to deeply understand the importance and necessity of improving their comprehensive quality in order to be neutral in the fierce competition. In an invincible place. For colleges and universities, how to meet the learning requirements of students to the greatest extent and serve students to grow into talents is far from enough. It is far from enough to rely on teachers' first classroom teaching. Therefore, make full use of the teaching advantages of the second classroom to maximize It has become very important to comprehensively improve the comprehensive quality of college students.

#### II. The connotation and characteristics of the second classroom

"Second Class" is a brand-new educational concept, and also a comprehensive concept, that is, the concept of combining realistic political, ideological and moral education with professional education, the concept of integrating the value goals of the country and society with the ideals of individuals; "Second Classroom" is a brand-new working method or communication mechanism, which realizes the exchange and interaction of teaching and learning, the joint participation of teaching and learning, and joint design to promote student work; "Second Classroom" is also a standard for student growth and talent training Orientation, to cultivate all-round development talents that meet the needs of society; "Second Class" is a civilized, healthy, scientific, and structurally open space for personal growth and a combination of integrated systems that are conducive to service. The second classroom activity is aimed at the first classroom activity. It cooperates with the first classroom, aims at educating people, aims at training students' basic skills and improving students' comprehensive quality, and takes rich resources and space as the goal. The series of activities carried out by the carrier, together with the First Classroom, constitute a complete education system, are a reasonable extension and appropriate supplement of the First Classroom, and are an important part of the talent training model of universities. The cultivation of innovative talents is inseparable from the first The organic combination of the classroom and the second classroom, especially the second classroom activities, is of great significance for cultivating creative thinking, developing creative personality, and exercising innovative ability. It is an indispensable link in the process of college students' cultivation of personality integrity and comprehensive quality improvement.

## III. Unique advantages of second classroom teaching

Compared with the first classroom, the second classroom teaching has its significant advantages and unique advantages. It has the characteristics of organizational flexibility, open management, extensive resource integration, and reasonable resource allocation, which is suitable for the teaching reform. Need is an effective teaching method, which plays an important role in the process of talent training.

(1) The second classroom can meet the individual development needs of college students

At present, most of my country's higher education is still based on lectures by teachers in class, and due to factors such as the lack of teachers after the expansion of enrollment, most colleges and universities adopt the method of teaching in large classes, and it is often difficult for teachers to understand the actual situation of each student. It is difficult to teach students in accordance with their aptitude. Through the second classroom, students can get a suitable space for their individual development, and students can show and play their talents well by participating in activities.

(2) The second classroom can cultivate college students' interest in learning

Regardless of the major, interest is the best teacher for learning. Only when students have a strong interest in a subject can they be guided to further study. Take Chinese majors as an example. The Chinese majors in most colleges and universities are teachers' majors, and the goal of teacher training is to provide excellent education and teaching talents for primary and secondary schools. How to cultivate high-quality, strong and competent education and teaching in primary and secondary schools The need for normal graduates who are welcomed by employers is an important task. Therefore, it is necessary to strengthen the basic skills of teacher students, such as "three strokes", Putonghua and expression skills, courseware production and use, etc., especially to grasp the teaching skills of teacher students, through the second classroom, teachers walk from the stage to the stage, The students walk from the stage to the stage, the teacher encourages every student to boldly participate in the lecture. Through their own efforts, the students continue to enrich themselves and surpass themselves, experience the joy of success, and at the same time further increase their interest in this subject and enhance their learning Initiative. After the interest is generated, learning is no longer a burden and The task becomes a kind of fun, so they will learn more actively.

(3) The second classroom can improve students' application and communication skills

The first class is mainly for the teaching of theoretical knowledge. How to better apply this knowledge to real life, better serve the society and benefit the people, is also a very critical link, and requires the cooperation of the second class. At the same time, the learning method of "ignoring things outside the window and reading only the sages and sages" is far from being able to meet the needs of modern society. While a college student has a higher professional quality, he must also be able to interact well with others. In communication, you should actively communicate with teachers and classmates during school, and be able to actively integrate into society after graduation and communicate with colleagues and friends. Taking the Chinese major as an example, in terms of professionalism, in addition to cultivating students' literary appreciation, literary criticism, and writing creativity, some courses are focused on improving students' language expression skills and aiming to improve their social communication skills., Teaching ability, Putonghua and speech level. Language is the shell of thinking expression, the carrier of cultural knowledge, and the support of communicative ability. Cultivating the language expression ability of college students has an inherent role in promoting the formation and development of their overall quality. Through the second classroom, students are organized to conduct speech contests and debate contests, during which the students exercise themselves and gradually improve their language expression skills. In order to allow more students to participate, we specially arranged a ten-minute speech before class, and one student took turns to give it every day, so that the students' language expression ability has been generally improved.

## IV. Some suggestions to strengthen the construction of the second classroom

Although the important role of the second classroom in the cultivation of talents is obvious, there are still many factors restricting the development of the second classroom, making the second classroom activities in a marginalized position in university education. Combining classrooms, the universities did not integrate the second classroom activities into the talent training plan, and completely separated "courses" and "activities". In addition, the proportion of students' second-class funding support is obviously too low compared to the proportion of teaching expenditures. The lack of hardware and funding objectively dampens students' enthusiasm for second-class activities. In this regard, in order to strengthen the construction of the second classroom, the author has a few suggestions:

## (1) Institutionalization of second classroom management

A sound, reasonable, and scientific management system is a strong guarantee for whether colleges and universities can effectively carry out second-class activities. A good system is an important link to ensure the effective and orderly development of second-class activities in colleges and universities. In terms of aspects, it should fully reflect the characteristics of science, orientation, and motivation, so that students can subtly get the

exercise of practical ability in the process of activities. At the same time, the second classroom activities should be incorporated into the practical teaching system, balanced consideration, system design, Effectively connect the first classroom and the second classroom to complement each other and promote each other, and at the same time strengthen the supervision and evaluation of the quality of the second classroom activities, so that it is in a good state of "sustainable development".

### (2) Diversified forms of the second classroom

There are many forms of second classroom activities, including holding various types of academic reports and special lectures, student reading clubs, student club activities, art performances, sports competitions, subject competitions, etc., especially social practice and campus activities. Social practice is an important way and content to carry out second classroom activities. Schools should provide students with opportunities for social practice as much as possible, so that students can go out of campus and go to the society, and improve the ability of students to integrate theory with practice. Every summer social practice and college student volunteer service are carried out fruitfully. Many students have learned about the need for scientific knowledge in society, especially at the grassroots level, through social practice. After graduation, they choose to go to the countryside and go to the grassroots level. Learn and give back to society. Campus activities are also the main form of second classroom activities. The colorful activities not only demonstrate the youthful vitality of students, but also provide students with a platform for practice. On the basis of these traditional forms, colleges and universities can also carry out some other forms of activities based on the actual situation of schools and colleges to attract more students to participate in the second classroom activities.

## (3) Specialization of the second classroom content

The arrangement of the content of the second classroom activity is a science and an art. The second classroom activity is an important platform to improve the comprehensive quality of students. Quality education and professional development are a unity of mutual relations. Good quality is the prerequisite for professional development, and professional development in turn promotes the improvement of quality. At present, there are many second classroom activities in colleges and universities, but most of them are cultural, sports and entertainment activities. There are few scientific and technological innovations and theoretical research activities that are closely integrated with majors. It is also difficult to use the knowledge learned to solve the practical problems in production and life in summer social practice. Problem, this is also one of the reasons why some students are not enthusiastic about participating in the second classroom activities. The development of second-class activities in colleges and universities should be organized around the students' majors, and entertaining, so that college students can create a good campus cultural environment through colorful second-class activities, deepen their understanding of the majors they learn, and increase their interest in learning, Consolidate the knowledge learned. Focus on the construction of a group of distinctive second classrooms for students to make them an extension and extension of professional education. For example, Chinese majors can conduct drama competitions based on classic works they have learned, and law majors can select typical cases to conduct "moot courts". Professional quality competitions, etc., only activities closely integrated with professionalism will Only when they are welcomed by students will they have vigorous vitality.

#### (4) Participation in the second classroom

For a long time, colleges and universities have attached great importance to the first classroom. They have not fully understood and paid insufficient attention to the second classroom. Many departments believe that the development of the second classroom activities is the responsibility of the student office and the student staff of the college (department), lacking active support and The awareness of cooperation, the number of instructors in the second classroom, and the low enthusiasm, caused some student activities to be creative, but could not find a suitable instructor, and students could not dig into a certain depth and could not carry out well. A high-quality teacher team is an important condition for cultivating and cultivating high-quality talents. Therefore, colleges and universities should encourage teachers to participate in and guide second-class activities, and reflect them in corresponding policies, and pay attention to achieving excellence in second-class innovation activities. The instructor of the grades will give both material and spiritual rewards. At the same time, combined with the above suggestions, the content and form of the activity have been improved, attracting more students to participate in the activity, and truly achieving full participation and common improvement.

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